



GRACE EPISCOPAL CHURCH

160 High Street
Medford, MA 02155
781-396-7215

WWW.GRACEMEDFORD.ORG



AT A GLANCE

October 13
Fall Clothing Pantry

October 18
Medford Historical Society
Lecture

October 21
Dare Family Services coming
to Grace Church

FALL EVENTS – MARK YOUR CALENDARS!!

October 18 - In conjunction with the Medford Historical Society, Grace Church will host a speaker who will discuss Henry Hobson Richardson, architect of Grace Church. The event will be held on a Thursday evening and will include a Tea. More details to follow.

November 2 - Our famous Lobster Lunch will be held - be sure to call in your orders early!! Delivery will be available.

November 4 – Medford Council of Churches Program

November 17 - Another annual event -- the Church Fair!! Begin saving to spend your money at this Grace Church tradition – ONE DAY ONLY!!!

THE BELL TOWER RESTORATION

The Bell Tower Restoration Committee continues to meet and move the project along. Our bell tower requires structural work and the bells themselves are waiting to be restored and rung again.

Our exciting upcoming event is the lecture on Henry Hobson Richardson, the famous architect of our building, on Thursday evening, October 18. The Medford Public Library and Historical Society are co-sponsoring the event with us. Money raised for Grace Church will benefit the Bell Tower efforts.

Flyers with info are in the main Hall. Hope to see you there!

Please be ready to donate generously, as you always do, when the sign-up sheet goes up for desserts and such! Refreshments will be served for an hour before the lecture begins.

Submitted by: Allison Andrews

COMING EVENTS IN THE FALL

BOOK CLUB

Women's Book Club to meet Thursday, November 8 at 7pm—location to be announced. We'll be reading Toni Morrison's 1970 classic, 'The Bluest Eye'. For an interesting write up about the novel, see Oprah Winfrey's book club site at:

http://www.oprah.com/obc/pastbooks/toni_morrison/obc_pb_20000427.jhtml.

Submitted by Julia Lisella

The **Lobster Lunch** will be held on Friday, November, 2nd. This event will be headed by Jean Spiers, 781-936-2128. Jean is looking for people to help on this annual event.

This year's **Church Fair** will be chaired by Laura and Steve Duggan. The date is Saturday, November 17, 2007, 9:00am – 5:00pm. We are calling all "crafters" to start creating items to be sold at this fair. Also, we will be looking for former and new volunteers to help make this year's fair a success. By calling Laura or Steve at 781-395-4397, you can join in the fun and help the church!

Submitted by Laura Duggan

PICNIC KICKS OFF NEW YEAR AT GRACE

Many thanks to the Brawley/Fenn/ Walsh families for all their hard work helping to make the Picnic on September 9th a great success. Thanks also to Steve Duggan and Jim Pearson for handling set up and clean up duties in the Parish Hall!!

In addition to the picnic, we also held Sunday School and Godly Play registration on the same day. If anyone is still interested in signing children up for Sunday school, Catherine Smith, Maria Fenn or Deb Smith are available on Sundays to answer parents' questions.

BASKET ITEMS NEEDED!!

Our Annual Fall Fair is right around the corner. Gift baskets will again be for sale and donations are needed!! All items should be given to Margaret Smist at church any Sunday between now and early November. The baskets are themed, so be creative!! Some examples of possible baskets are:

Romantic Evening - wine, candles, candle holders, book of love poems, chocolates, anything red etc.

Italian evening - tomato sauce, plates, pasta, wines, olive oil, book on Italian cooking etc.

Thanksgiving Host Basket - cornucopia, crackers, dip, fall colored candles, napkins etc.

Christmas Basket - ornaments, decorations, Christmas napkins, plates, cards, red and green candles

Relaxation Basket - bath salts, soaps, loofahs, tea, book on meditations, journal etc.

Many thanks to those who have already donated items for the 2007 baskets!! Baskets and bows are still needed.

SUNDAY, SEPTEMBER 30TH

- Parish transition update in the Commons Room at 9:30 am and 11:30 am
- **Harvest Festival Outing** for Sunday School families - meet in Grace Church parking lot after 10 am service. See www.heifer.org/overlook for more information and directions. RSVP to Catherine Smith at smith.catherine@epamail

THURSDAY, OCTOBER 18TH

H H Richardson Lecture to benefit the Bell Tower project will begin at 7:30 pm. Refreshments will be served, and donations to support the bell tower restoration will be accepted at the door. If you are interested in assisting with refreshments, see Alison Andrews or Laura Duggan.

MARK THESE DATES!!!

Traditional Lobster Lunch on Friday, November 2nd
Special All Saint's Sunday service on Sunday, November 4th
Grace Church's Annual Fair on Saturday, November 17th

REMINDER

Sunday School now begins at 10 am, and the children join the parish at the Peace. Child care is provided for infants and small children at the 10 am service. Please contact Catherine Smith if you are interested in finding out more about this year's program.

Godly Play continues on Wednesday nights beginning at 5:30 pm. Please contact Deb Smith or Maria Fenn if you are interested in attending or have questions about the program.

THANKS!!

Many thanks to Laura Duggan and her crew (Steve, Alison, Bev, Stephanie, all the young kids et al) for all your hard work to make 'Tea with Mary Cassatt' a great success. \$700 was raised for Grace Church. GREAT JOB!!

EVENT RAISES \$700 FOR GRACE CHURCH

Many, many thanks to Laura Duggan and crew for her very successful 'Tea with Mary Cassatt' held this past Saturday afternoon in the Parish Hall. Laura's one-person show was a hit with the large crowd, which gathered to enjoy the performance and Grace Church's famous Silver Tea. Steve Duggan is also to be thanked for his time spent assisting with the organization of the event. The Tea crew included: Allison Andrews, Beverly Convery, Stephanie Duato, Kathleen Beebee, Carolyn Rogers, Genita Johnson, Elizabeth and Emily Pardy, Conor and Caroline Daly, Genita Johnson Jr. and Hannah Rogers. They all assisted with preparation and serving of the sandwiches and desserts. THANKS TO ALL!!

Submitted by Margaret Smist

DARE WILL VISIT GRACE CHURCH IN OCTOBER

Helping kids in your community...for a week, a month, a year...a lifetime. Dare Family Services, a private, nonprofit foster care agency, will be visiting the church on Sunday, October 21st, 2007 and will be available after the 10:00am service. Information will be provided for you to find out more about becoming a foster parent. Fact: There are over 10,000 foster kids in Massachusetts and less than 5,000 homes in which to place them, so there is an extreme need for compassionate, caring people to provide a safe home for our foster children/teens. If you have a desire to help a child in need of a

family, please call Marilyn or Janelle at (617) 628-3696 or visit us on October 21st
www.darefamily.org

Submitted by Margaret Smist

ACOLYTES NEEDED

Well, we've had a new year start up and, as always, we would like to replenish our Acolyte core. This is a good way for our children to participate, in a very significant way, in our worship service. This is not a difficult job, no need to be frightened by it, and anyone would get a more meaningful appreciation for what goes on closer to the altar. We do have enough people already, so that your turn will only come up about once a month. Any young person age eight or older, who would like to participate, should call me, (781-396-5487), or let me know at Church. Once you've volunteered, we'll have training so that you will understand the job. I'm sure you'll enjoy the experience.

Submitted by Wes Foote

MISSING SOMETHING?

Miscellaneous items are turning up around the building. These things are being gathered up and placed in the back corner of the Common Room. Some things look like they've been around for a long time...

You are welcome to check this area for anything that may belong to you. In November, these items will be sold at the Trash and Treasure table at the Fair. Anything that doesn't sell will then be donated to charity.

Fair warning! Thanks.

Submitted by Allison Andrews

DOROTHY BARROS HAS MOVED TO HER NEW HOME IN FLORIDA

Some of our newer parishioners may not know Dorothy Barros. And, although most of us know and love Dorothy dearly, not everyone knows her latest news. In this article, I'd also like to capture some of the highlights of her life.



Because of serious health issues, Dorothy has not been able to be at Church Services for quite some time. In light of the fact that her family is moving to Daytona Beach, Florida—and her own health situation--Dorothy decided that accepting their invitation to be near them was a good choice for her. So, on Monday, September 10, accompanied by her niece, Lillian, she boarded a plane at Logan Airport and flew off to Florida!

I write, also, to pay tribute to Dorothy and to recap some of the events of her life for her friends here at Grace.

Although she was born in Foxboro, Dorothy, and her parents moved to Medford when Dorothy was 10 months old. Five years later her brother, Roy, (now deceased) was born. She has been a "Medford-

ite” ever since, graduating at age 16 from Medford High School with the Class of 1942 which also included Ruthie Hall, Nancy Sullivan and her lifelong friend, Isabelle Lombard Myra. She describes her family life as “a very happy one” in spite of the effects of the Great Depression.

Dorothy had wanted to be a nurse, but was not eligible to enter nursing school when she finished high school because she was only 16 years old. So, she chose to attend Bryant and Stratton Business School which fully prepared her for leadership in administrative posts at William C. Barry Trucking Company, as well as positions in the wool trade with Angell, Bronson & Dupont and Brighton & Drew. For 27 years she worked with the American Red Cross, Cambridge Chapter, in a variety of roles: administration, accounting, coordinating blood drives, disaster relief; and later with the ARC Mass Bay Chapter coordinating Chapter records.

Dorothy was happily married for 32 years to Dr. Albert Reiss until his death in 1986.

Always one to be involved—wherever she was—Dorothy served as President and Treasurer of the Medford Senior Citizens, Inc. for 18 years; as President and Treasurer of the Tenants Association at 42 Water Street from 1988 until this year; and on the Board of Trustees for the Medford Community Center for over eight years.

In 1988 Dorothy married Leo Barros at Grace Church on Leo’s 82nd birthday and she has been part of our Grace Church Parish Family ever since. They were married for 8 years, until Leo’s death in 1996.

Dorothy’s gifts to Grace Church included—but were not limited to--service as Parish Clerk, Senior Warden, Lay Eucharistic Minister and Pastoral Visitor. As Wardens, Dorothy and I shared many wonderful times and memorable adventures on behalf of the Parish. After the death of our Parish Secretary, Paula Hiltz, Dorothy took a strong leadership role—giving many long hours of her time in overseeing the administration and reconstruction of parish records and affairs.

Trips to Elder Hostels and National Parks, cruises to the Panama Canal, Alaska, and the Caribbean filled many happy moments in Dorothy’s life. She says the cruise with Isabel to the Panama Canal, Aruba, and Puerto Rico—with a spectacular balcony view on a *Princess Lines* luxury liner--remains as one of her very favorite memories.

Her nephew, Ricky, who grew up in her home for a significant part of his life, his wife Lillian and their sons Michael and Anthony--as well as stepsons Lee, in California, and Dan and his wife, in New Hampshire are her family--and the treasures of her life. Dorothy’s new home is very close to Ricky, Lillian and Michael in Daytona Beach; Anthony is attending Salem State College.

Dorothy says the reason she came, stayed, and participated so generously in the life of our Church was “because of the warmth with which people receive you at Grace Church.” She says she knows she will miss us—and we will miss you for sure, Dorothy!

Dorothy will be happy to hear from you. Her address is:

Mrs. Dorothy D. R. Barros
SANDAL WOOD NURSING CENTER
1001 South Beach Street, Room 101
Daytona, Beach, FL 32114
Tel # is 1 386-253-2924

(If you have an E-mail address, send it along, as Dorothy expects to have a computer soon, and once she masters it (which won’t take long!) she can respond to you!)

“God Speed,” dear friend, and know you will be with us forever in our hearts.

Contributed by June Pietrantonio

HI FRIENDS,

We wanted to follow up with a more personal letter about the JDRF Walk. You can donate on the Website (<http://walk.jdrf.org/walker.cfm?id=86712485>) or give your checks (made out to JDRF) directly to one of us.

Again this year we are walking for the Juvenile Diabetes Research Fund (JDRF). Last year we originally thought we could raise three hundred dollars, but thanks to all of you and your generous donations we topped five thousand. The thing that touched us the most was that over seventy-five people contributed to that total.

Since last year a lot has changed and a lot has also stayed the same. Since there is no cure, Hannah still has type I diabetes and still is at risk from the complications of type I diabetes. Hannah is completely dependent on artificial insulin. People have asked us if she will out grow the disease, she won't. Type I diabetes is an autoimmune disease. Hannah's own immune system has attacked her pancreas killing off the insulin producing beta cells permanently.

Recently Hannah has started using the insulin pump. The pump is external, about the size of a pager. It pumps a constant amount of insulin through a small tube placed under her skin. Every two days we find a new place on her body to insert the tube because the tube and the high concentration of insulin at the end of the tube irritate the tissue and infection and scarring occur if the tube is in the same place too long. The tube is about an inch long and is inserted with the help of a needle. Insertion is a lot more painful than her shots were but instead of eight shots a day she gets jabbed once every two days. We still check her blood sugar frequently, measure and weigh all of the food she eats to determine the number of carbs in it so we can program her pump to deliver the proper dose of insulin. Because of the pump Hannah has a little more freedom than she had last year. With the pump we are able to let Hannah; sleep in, eat when she wants, and sometimes if she is low in the night we don't have to wake her and force feed her. We can just turn down the delivery rate of the pump.

With the pump we actually do more finger sticks because we have to monitor her blood sugar much more closely. The down side of the pump is that, if something is wrong, Hannah will have a medical emergency in a very short period of time. We have seen her blood sugar rise three hundred points in a couple of hours. The pump is not a cure and our life is still and always will be complicated. We are hoping for a cure but without that cure we still check her every night at midnight and three AM and check her early every morning to make sure she is all right.

These checks are so important we set our alarm clock and the alarm on the cell phone so we won't miss one.

We attended family diabetes camp at the Clara Barton Center in Oxford, Mass. We spent five days and four nights there with other families of children that have type I diabetes. We had a lot of fun, learned a lot about diabetes, but most of all we met a lot of wonderful people living the same life we live. The struggle to keep our children safe, the late night blood sugar checks, and the carb counting created a strong bond between all of us parents. This was very clear one night when we were checking Hannah's blood sugar and realized that all the parents in the cabin were addressing issues with their children too. We tend to think that our lives are unique, but at camp as the tears welled up in our eyes we realized we found a larger family that knows exactly how it is to live with diabetes. In one session a guest speaker naively asked if people check their children's blood sugar in the middle of the night, all the hands in the room went up. It's one thing to know the math and biology of the disease; camp helped us to express to each other the human side of things, the loss and the hope. The loss of taking life for granted to realizing that life is a gift given to us each day and that Hannah has cheated destiny to be with us today. The hope that her extra days will be more than just days, that as a family we will make each of these days count. The hope that maybe in the future there will be a cure and if not a cure a means of prevention for those who are prone to the disease but have not developed it yet.

We typically do not like to bring people down with the details and stress of this disease, but at this

time of year we feel it is important for people to understand why this is so important to us. Thank you for your moral support during the year. Your kind words and thoughtful gestures mean a lot to us and are very important to us. Please give as you can but remember weather it's five dollars or five hundred dollars we love you and are glad to call you friend. *Thank you, John, Linda, and Hannah Rogers*

SAVE THE DATE

H.H. Richardson Lecture on October 18th

Did you know that Grace Church is the oldest standing building designed by the renowned architect Henry Hobson Richardson (best known for Trinity Church in Copley Square)?

On Thursday, October 18th we will have the opportunity to learn more about the man behind our national historic landmark with a lecture co-sponsored by Grace Church's Bell Tower Restoration Committee, the Medford Historical Society, and the Friends of the Medford Public Library.

Allan S. Galper, our evening's lecturer, is chair of the Committee to Save the H.H. Richardson House in Brookline. He has lectured on Richardson numerous times in the Boston area - both at Boston University as well as for architecture/historic preservation organizations. He has also lectured on Richardson's Brookline home and studio for the Brookline Historical Society at the Brookline Public Library and on the collaboration between Richardson and Frederick Law Olmsted for the Frederick Law Olmsted National Historic Site.

The lecture will begin at 7:30pm and the evening will include refreshments. Donations to support the Church's bell tower restoration will be accepted at the door. Please join us!

Submitted by:

Sarah Cluggish - scluggish@hotmail.com or 781-874-2113

Allison Andrews - allison.andrews@comcast.net or 781-396

CLOTHING PANTRY

Our bi-annual clothing pantry will be held on Saturday, October 13th from 9:00am to 3:00pm.

We will be setting up in the Parish Hall on Friday, October 12 from 2:00pm to 4:00pm and on Saturday, October 13 from 8:00am to 9:00am. Anyone who is able to volunteer to help with setting would be greatly appreciated.

The Clothing Pantry is a growing mission and I really need people to help at anytime on set up and staffing. Please call Maria Fenn, 781-391-4825 to offer your much needed help. Thank you all.

Submitted by Maria Fenn

TEEN OUTING

We will be taking any teen who would like to go to a Hip Hop Mass on Friday, October 12th. The Mass will be held at Trinity Church in Copley Square, Boston.

We will leave from Grace Church at 4:30 pm. I will need an R.S.V.P. as soon as possible because a generous church member has agreed to cover all costs for this outing. Please call Maria Fenn by deadline of October 5th.

Submitted by Maria Fenn

ENERGY SMACKDOWN COMES TO GRACE

Over the summer, Sarah, Jason and Sam Cluggish have been competing in TV3 Medford's own reality television show – Energy Smack down.

The Cluggi's are competing against two other Medford families to see who can reduce their energy consumption – or carbon footprint the most. Oil/gas usage, electricity usage, car mileage and trash are being measured weekly through mid-September.

The television show won't air until later this fall – but to see a video preview, check out www.myspace.com/energysmackdown.

Want to get involved? The Cluggi's latest challenge is to involve as many friends, families and organizations to participate. The changes must be measurable and sustainable for 1 year. Making a difference for the environment is easier than you think.

- Commit to recycling as much of your weekly trash as possible.
- Turn your thermostat down a few degrees and your air conditioners up a few.
- Walk or bike when you can and leave the car at home. It's not only good for the environment, but good for your health too!
- Change your light bulbs to compact fluorescents (CFLs) and use only a ¼ of the electricity you currently are paying for.
- Sign up for a free Massachusetts Energy Assessment with National Grid. Call 1-800-632-8300.

Contact Sarah or Jason at scluggish@hotmail.com or 781-874-2113, if you're interested in participating. Without any noticeable sacrifice, the Cluggi's have been able to reduce their electric bill by 25%. But the final results are still unknown! Check back in October to see how they did.

Submitted by Sarah Cluggish

GRACE CHURCH PARISH LEADERSHIP

Clergy & Staff:

THE REV. Norman Faramelli, (Sept. & Oct.)
THE REV. DR. TED J. GAISER, Deacon
COREEN GAUVIN, Director, GraceWorks
DONNA GARGIULO, Office Administrator
RUTH ROPER, Director of Music

Officers:

MARGARET SMIST, Senior Warden
STEPHEN DUGGAN, Junior Warden
NAIDA GAVRELIS, Treasurer
JANE SCHERBAN, Parish Clerk

Vestry:

MICHAEL FENN, WES FOOTE, JR., BRANWEN SMITH-KING, DAVID LEE, RAY PARDY,
JIM PEARSON, JR., WARREN RAMIREZ & JEAN SPIERS

Ministries:

Acolytes & Ushers: LINDA FOOTE, JILL CAPUCCIO

Altar Guild: CAROLYN ROGERS, DIRECTOR, RUBY GREENE, DIRECTOR EMERIT A

Annual Church Fair: LAURA & STEVE DUGGAN

Annual Pledging & Stewardship: JANE SCHERBAN

Bell Tower Restoration Committee: ALLISON ANDREWS, SARAH CLUGGISH, WES FOOTE, JR., JIM PEARSON, JR. &

WARREN RAMIREZ

Children's Formation (Sunday School): STEVE DUGGAN & CATHERINE SMITH

Clothing Pantry: MARIA FENN

Communications: MARGARET SMIST

Deanery: JANE SCHERBAN

Delegate to Convention: SARAH CLUGGISH & MARIA FENN

Episcopal City Mission: MARIA FENN

Facilities Care: JIM PEARSON JR.

Executive Committee: STEVE DUGGAN, NAIDA GAVRELIS, MARGARET SMIST & JANE SHERBAN

Food Donation Ministry: BEVERLY CONVERY & CAROL THOMPSON

GraceWorks Oversight Committee: ANNE DEVENEY, LAURA DUGGAN, MIKE FENN, BRANWEN SMITH-KING & JANE SCHERBAN

Hospitality: BEVERLY CONVERY

Medford Council of Churches: HALLIE LEE

Newcomers: DAVID LEE

Newsletter: JUDITH WALSH, EDITOR, DONNA GARGIULO & VOLUNTEERS

Scholarship Committee: BRANWEN SMITH-KING

Tween/Teen Group: MARIA FENN

Web: JASON CLUGGISH

Wednesday Night Children's Bible Study: MARIA FENN & DEB SMITH

Women's Book Club: JULIA LISELLA

OCTOBER BIRTHDAYS

Remembering we are all children of God, let us pray for those having birthdays during the month of
October

10/01 - Ivy Smith and Jean Zafiris

10/02 – David Lee and Inez Reese

10/03 – Sarah Cluggish

10/04 – Doris Johnson and Joan Williams

10/08 – Matthew Anderson, Kaleigh Brawley, Donald Capuccio and Alan Maltz

10/12 – Clarence Ligon

10/13 – Paul DuRoss

10/14 – Marjorie Smith

10/16 – Matthew Duggan, Mary Rizzo and Carol Ryba

10/17 – Cheryl Schlesinger, Diane Schlesinger and Peter Anderson

10/19 – Nicholas Bozovic

10/20 – Wendy Anderson and Solomon Nwachukwu, Jr.

10/22 – Martha Gleason

10/23 – Robert Spindler and Dorothy States

10/24 – Naida Gavrelis

10/25 – Terri Welch

10/26 – Malinda Walsh

10/29 – Anne Deveney and Richard Perrotti

10/31 – Thomas Quick

Newsletter Editor

Please send any articles you think may be of interest to your fellow parishioners. Articles may be birth announcements, prayer requests, cute stories, recipes, etc. They will be used as fillers when I have a short month.

I hope with your help to be able to make our newsletter interesting and informative for all. My email address is delphine3738@yahoo.com; address is 541 Fulton Street, Medford, MA 02155; telephone 781-391-4825. You may also give me or Maria and Mike Fenn any articles after the 10:00 service on Sunday.

Attention E-mail persons: If you do not receive the newsletter by email, please contact me.

Respectfully yours,

Judith A. Walsh

Grace Church is a congregation of the Episcopal Church in the Diocese of Massachusetts.

THE RT. REV. M. THOMAS SHAW, SSJE, Bishop
THE RT. REV. ROY CEDERHOLM, Bishop Suffragan
THE RT. REV. GAYLE E. HARRIS, Bishop Suffragan

GRACE CHURCH - MEDFORD, MA
NEWSLETTER – OCTOBER 2007



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